

List of Recommended Books from BHPC Nursery School

The following are recommended books on diversity and mindfulness as well as books on autism that are wonderful for neuro-typical children to understand autism and to help children who feel different understand their unique attributes. Most of these books are in the nursery school library.

FAMILY DIVERSITY

- Many Ways to Be a Family (PETerson)
- Usborne All About Families (BROoks)
- Still a Family (STUrgis)
- A Family Is a Family Is a Family (OLEary)
- Stella Brings the Family (SCHiffer)
- Heather Has Two Mommies (NEWman)
- One Family (SHAnnon)
- The Family Book (PARr)

SKIN COLOR

- More than Peach (WOODard)
- Our Skin: a First Conversation About Race (MADison)
- Skin Like Me (PERry)
- Happy in Our Skin (MANashkin)
- Shades of People (ROTner)
- The Color of Us (KATz)
- All the Colors We Are: the Story of how We Get Our Skin Color (KISSinger)
- I Color Myself Different (KAEpernick)

INTERNATIONAL FOODS

- Harvest Days: Giving Thanks Around the World (DEPalma)
- Dumpling Day (SRIram)
- Pizza in Pienza (FILLion)
- Usborne Children's World Cookbook (with Teacher books MIS.WIL)
- Bee-Bim Bop (PARK)
- A Little Bit of Soul Food (SANger)
- Yoko (WELls)
- Cora Cooks Pancit (GILmore)
- Hola! Jalapeno (SANger)
- First Book of Sushi (SANger)

CHILDREN AROUND the WORLD

- Barefoot Books Children of the World (STRickland)
- We've Got the Whole World in Our Hands (LOPez)
- Grandma's Favorite (DEAley)

- This Is how We Do It: One Day in the Lives of Seven Kids from Around the World (LAMothe)
 - A Ride on Mother's Back: a Day of Baby-Carrying Around the World (BERnhard)
 - Whoever You Are (FOX)
 - Children Just Like Me (KINdersley)
- (Also, search individual countries for titles specific to the country)

MINDFULNESS

- Namaste Is a Greeting (SUBramanian)
- My Magic Breath (ORTher)
- Belly Breathe (KIMmelman)
- I Am Peace: a Book of Mindfulness (VERde)
- Mindful Bea and the Worry Tree (SILver)
- Charlotte and the Quiet Place (SOSin)